

Meet Sharon Hull, MD, MPH, PCC

Founder and Chief Coaching Officer of [Metta Solutions, LLC](#)



Dr. Sharon Hull is an Executive Coach who specializes in working with high-performing professionals in leadership roles. An invited member of the [Forbes Coaches Council](#), she brings over 30 years' experience in academic health centers and primary care medicine to the coaching relationship with her clients. She has been working as an executive coach since founding [Metta Solutions](#) in 2011. In February, 2016, Dr. Hull began the role of Director of Executive Coaching for [Duke University School of Medicine](#), with the primary goal of creating an in-house [Executive Coaching Program](#) for faculty within the medical school. She also is the Senior Executive Coach for the [DukeHealth Clinical Leadership Program](#) and serves as the Director of Coaching for the [Executive Leadership in Academic Medicine \(ELAM\)](#) program at Drexel University School of Medicine.

Dr. Hull holds a [Professional Certified Coach](#) (PCC) credential from and is a member in good standing of the [International Coach Federation](#). She is a Certified Professional Coach trained in the [North Carolina State University Business and Professional Coaching Program](#). In addition, she has completed formal executive coach training from and serves as an Affiliate Coach with the [Center for Creative Leadership](#) (CCL), a world-renowned executive coaching and leadership firm based in Greensboro, NC.

She has been formally trained to use the [Benchmarks Assessment Suite](#) of 360 Evaluation tools offered by the [Center for Creative Leadership](#). She is certified to administer and interpret the [Workplace Big 5 Profile](#), a workplace-focused personality inventory developed by [Paradigm Personality Laboratories](#). In addition to these assessment tools, she is a certified [Myers-Briggs Type Inventory](#) Practitioner, trained and certified by [CPP](#), the home of that instrument.

Her professional medical training began with a baccalaureate degree from the [University of Evansville \(Indiana\)](#) and she is a Distinguished Alumna of [Southern Illinois University School of Medicine](#) (class of 1987). Her family medicine residency was done at the [Union Hospital Family Medicine Residency](#) in Terre Haute, Indiana in 1990. From 2003-2005, she completed a Primary Care Research Fellowship at the [Cecil G. Sheps Center for Health Services Research, University of North Carolina at Chapel Hill](#). While at UNC, she also completed a Master of Public Health in Health Policy and Administration in the [Department of Health Policy and Management](#) at the [UNC Gillings School of Global Public Health](#), as well as the UNC residency in [Preventive Medicine](#), where she received the John Atkinson Ferrell Distinguished Resident Award. Dr. Hull holds the rank of Professor in the [Department of Community and Family Medicine](#) at [Duke University School of Medicine](#), and that of adjunct Professor at [Case Western Reserve University School of Medicine](#) and the [University of North Carolina at Chapel Hill School of Medicine](#) in those schools' departments of Family Medicine. She has served as Interim Chair of Medical Humanities at Southern Illinois University School of Medicine, Chair of the Department of Behavioral and Community Health Sciences at Northeast Ohio Medical University and as Division Chief of Family Medicine in the Department of Community and Family Medicine at Duke University School of Medicine.

Together, her experience as an executive coach, an academic physician and leader make her highly qualified to work with top-level executives and professionals in leadership roles.